

don't get caught **DIRTY HANDED!**

Handwashing is one of the “most important means of preventing the spread of infection,” according to the Centers for Disease Control and Prevention (CDC).



bandages **ALWAYS** make the cut



PRACTICE GOOD WOUND CARE
Keep cuts and scrapes clean and covered
with a bandage until healed.
Wash your hands frequently.
YOUR HEALTH MATTERS!



**don't take
germs home:**

WASH YOUR UNIFORM AT WORK

**PRACTICE GOOD
HYGIENE**

**Do not share
personal items such
as towels or razors.**

**Wash your hands
frequently.**

**Use clean towels each
time you shower.**

**Wash uniforms at the
station, not at home.**